## Appendix C

## Weekly Internship Experience Updates

Instructions: Complete the weekly K-State Online quizzes. Respond to question(s) asked by the course instructor using 250-300 words. Examples of such questions are located below. These weekly internship experience updates will be considered in assigning your final grade.

- 1. What are your expectations for your internship?
- 2. Discuss one project you worked on this week and your specific duties related to the project.
- 3. How have previous academic courses prepared you for this internship? What is one goal you have for the next week?
- 4. Report on your goal from last week? What was your goal and did you accomplish your goal? If not, explain why.
- 5. Tell me how you like working for your employer. What are the office dynamics like? The people, the space, the atmosphere.
- 6. Submit an example of a project you are working on currently. Tell me about your contributions to this project. What are your responsibilities with it? Who else are you working with?
- 7. What is one challenge you have encountered through the course of your internship? Discuss one project you worked on this week and your specific duties related to the project.
- 8. What skills have you acquired during your internship that you can now highlight in your resume, cover letter, and/or interview?
- 9. What did you learn in your internship that you can now apply to the classroom setting or to your daily life? What did you learn in your internship that you can now apply to future work experiences?
- 10. In your first post you set expectations for your internship. Were those expectations met? Explain. What was your favorite project to work on during your internship? Explain.
- 11. Did you get any feedback from your employer about your contributions as an intern? Explain. Have your career plans changed as a result of your internship experience?
- 12. What would have made you better prepared for this internship courses, background, skills, etc.? Would you recommend this internship to other students? Why or why not.